

RESOURCES FOR COMPANIONSHIP

The organizations on this list provide companionship resources to older adults. Companions are typically trained volunteers who offer conversation, friendship and other assistance. Some programs are privately funded, and others offer assistance through sliding scale fees. Resources are listed by geography.

Many of the organizations listed on this document provide other types of support, such as help accessing homecare and hospice services. **Minnesota Help Info** (website: minnesotahelp.info/) is an excellent resource for finding a variety of services, including companionship.

COMPANIONSHIP ACROSS DISTANCE

FRIENDS AND CO PHONE COMPANIONS

612-746-0737

friendsco.org/phone-companions/

FRONT PORCH WELL CONNECTED

877-797-7299

frontporch.net/connect/well-connected/

MINNESOTA COMPANIONSHIP RESOURCE

FRIENDS AND CO VISITING COMPANIONS

612-721-1400

friendsco.org/visiting-companions/

LUTHERAN SOCIAL SERVICES' SENIOR COMPANION SERVICES

888-205-3770

[lssmn.org/services/older-adults/companion-services/
senior-companion](http://lssmn.org/services/older-adults/companion-services/senior-companion)

LUTHERAN SOCIAL SERVICES NEIGHBOR TO NEIGHBOR COMPANION

877-540-9443

[lssmn.org/services/older-adults/companion-services/
neighbor-to-neighbor](http://lssmn.org/services/older-adults/companion-services/neighbor-to-neighbor)

WISCONSIN COMPANIONSHIP RESOURCE

GREATER LAKES INTER-TRIBAL COUNCIL SENIOR COMPANION PROGRAM¹

715-588-3324, extension 1021

dhs.wisconsin.gov/aging/volunteer/sencompo.htm

SOCIAL DEVELOPMENT COMMISSION, MILWAUKEE

414-906-2804

dhs.wisconsin.gov/aging/volunteer/sencompo.htm

LOCAL COMPANIONSHIP RESOURCES IN COMMUNITIES SERVED BY ALLINA HEALTH (BY COUNTY)

ANOKA COUNTY

ANOKA COUNTY COMMUNITY ACTION PROGRAM SENIOR KINSHIP PROGRAM

763-783-4747

65k.058.myftpupload.com/senior-services/kinship/

CARVER COUNTY

TOUCHING HEARTS SOUTH METRO²

952-800-3438

touchinghearts.com/southmetro/services/companionship/

DAKOTA COUNTY

PRINCE OF PEACE LUTHERAN CHURCH COMPANION SERVICES

952-898-9357

HENNEPIN COUNTY

TOUCHING HEARTS AT HOME—NW METRO

952-295-3736

touchinghearts.com/plymouth/services/companionship/

ISANTI COUNTY

AMERICORPS SENIOR COMPANION PROGRAM

651-310-9440 or 1-888-205-3770

mnseniorcorps.org

FAMILY PATHWAYS SUNSHINE CALLS

320-364-9152

familypathways.org/our-work/aging-services/sunshine-calls/

PIERCE COUNTY, WISCONSIN

COMFORT KEEPERS

715-381-6730

comfortkeepers.com/offices/wisconsin/ HUDSON/areas-served/area/river-falls-wisconsin/

RAMSEY COUNTY

COMO CONNECTS (COMO/FALCON HEIGHTS AREA)

651-642-1127

comoconnects.org/

RICE COUNTY

THE NEIGHBOR LADY (NORTHFIELD, MN)

No Phone number

theneighborlady.com/services/

SCOTT COUNTY

TOUCHING HEARTS SOUTH METRO³

952-800-3438.

touchinghearts.com/southmetro/services/companionship/

ST. CROIX COUNTY, WISCONSIN

COMFORT KEEPERS

715-381-6730

comfortkeepers.com/offices/wisconsin/ HUDSON/areas-served/area/river-falls-wisconsin/

STEELE COUNTY

HEALTHY SENIORS OF STEELE COUNTY

507-774-7648

healthyseniorsmn.org/about

VISITING ANGELS COMPANION CARE – OWATONNA & MANKATO:

507-451-1124

visitingangels.com/elderly-companion-care

WASHINGTON COUNTY

CARE APARENT COMPANION CARE

651-702-4663

careaparent.com/personal-care/#companion-care

WRIGHT COUNTY

COMFORT KEEPERS BUFFALO

763-450-1500

comfortkeepers.com/offices/minnesota/buffalo/care-services/in-home-care/companion-care/

AMERICORPS SENIOR COMPANION PROGRAM

651-310-9440 or 1-888-205-3770

mnseniorcorps.org

¹ Serves All Wisconsin tribal people. Includes Milwaukee urban Indian population and a tribe in Michigan—Lac Vieux Desert)

² Service area includes: Apple Valley, Bloomington, Burnsville, Chaska, Carver, Cottage Grove, Deephaven, Eagan, Eden Prairie, Edina, Excelsior, Hastings, Hopkins, Jordan, Lakeville, Maple Wood, Minnetonka, Orono, Prior Lake, Richfield, Rosemount, Roseville, Shakopee, Shoreview, Shorewood, St. Louis Park, Stillwater, Wayzata, White Bear Lake, Woodbury.

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